



ENGLISH PLUS BASKETBALL

BOSTON, USA



“Based in our purpose-built basketball gymnasium, students will work with a qualified coach to develop their basketball skill level.”



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WHAT'S INCLUDED:



TUITION

Students will take part in 15 hours of English language lessons per week. Lessons are topic based and designed to be fun, energetic and informative. They enable students to use their English in real world situations and increase their confidence.



BASKETBALL

Students will take part in 9 hours per week of Basketball coaching. These sessions will be taught by specialist coaches and will enable those who take part to really develop skills and confidence in areas such as shooting, cutting and screening, and in defense- transition, 1 on 1 and off-the-ball positioning



ACTIVITIES

The school day will finish with an evening activity which will include discos, international nights and talent shows. Our activities provide opportunities for students to use the English they have learnt and make international friends.



EXCURSIONS

Excursions allow students to really get to know the USA. We use destinations such as Downtown Boston as a classroom, where students will find historic and cultural information through guided walking tours and visits to museums and other places of interest.



CERTIFICATE

Each student will have their English level tested upon arrival and will be placed in a class accordingly. Students will receive a portfolio to store their work in as well as a certificate to take home with them as a record of their course with us.

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COURSE OVERVIEW

Students receive 15 hours of English language tuition, plus 9 hours of professional basketball coaching per week. Our Basketball coaches are experienced and qualified coaches at elite grassroots level in the US. The sessions are planned by coaches to develop each student's natural ability and skills and "basketball IQ".

COURSE STRUCTURE

Students receive expert coaching in key skill areas including ball handling, attacking, finishing at the basket, shooting, cutting and screening, defence- transition, 1 on 1 and off-the-ball positioning. Working in small groups, our coaches aim to develop players to their full potential, so the course is suitable for all skill levels from beginner to advanced. Coaching sessions include circuits of activities, drills, co-ordination and movement exercises before moving on to match scenarios. The course is taught entirely in English so students build confidence in both basketball and using the English language.

Minimum 6 students required to run this course (each week)

ENGLISH, ACTIVITIES & EXCURSIONS

As well as a focus on their chosen plus course, students will be able to enjoy our classic programme of English lessons, activities and excursions. Each student will take part in our specially designed English lessons which are fun, interactive and topic based. They will equip students with the confidence to take part in a full programme of activities and excursions. Our excursion programme includes one full-day per week and two half-day visits to local destinations of interest. Each day will end with an energetic evening activity which encourages students to socialise with their new international friends. Evening activities are varied and fun and may include discos, talent shows and international evenings.

COURSE INFORMATION

ENGLISH CLASS SIZE: Maximum 16	AGE RANGE: 12 - 17 (groups)	COURSE LENGTH: 1 - 2 weeks
CENTRE: CATS Academy Boston	START DATES: 29th June 2025 6th July 2025 13th July 2025 20th July 2025 27th July 2025	MIN LANGUAGE LEVEL: Beginner to Advance
BASKETBALL ABILITY: Beginner to Advanced	SESSIONS PER WEEK: 9 hours	

SAMPLE PROGRAM

WEEK 1	MORNING	AFTERNOON	EVENING
	09.00 - 12.30	14.00 - 18.00	19.30 - 22.00
SUN	Arrival, Induction & Campus Tour		Welcome Evening & Ice Breaker
MON	Placement Test & Induction Lesson (3 hours)	Included Half Day Excursion: Boston Freedom Trail Tour & Quincy Market	Welcome Party: Team Building/Name Games
TUES	English Lessons (3 hours)	Basketball Coaching	Halloween Party
WEDS	English Lessons (3 hours)	Basketball Coaching	Jeopardy Quiz Night
THUR	English Lessons (3 hours)	Basketball Coaching	Karaoke Night
FRI	English Lessons (3 hours)	Included Half Day Excursion: Newbury Street Tour	Neon Disco Party
SAT	Included Full Day Excursion: Newport, Rhode Island		Gym Night Games / Arts and Crafts

WEEK 2	MORNING	AFTERNOON	EVENING
	09.00 - 12.30	14.00 - 18.00	19.30 - 22.00
SUN	Onsite activities e.g. Team Building Games and shuttles to the mall		Movie Night
MON	Placement Test & Induction Lesson (3 hours)	Included Half Day Excursion: Museum of Science	Welcome Party: Team Building/Name Games
TUES	English Lessons (3 hours)	Basketball Coaching	Mardi Gras Party
WEDS	English Lessons (3 hours)	Basketball Coaching	Minute to win it competition
THUR	English Lessons (3 hours)	Basketball Coaching	International Night
FRI	English Lessons (3 hours)	Included Half Day Excursion: Historical Tour of Plymouth	Hawaiian Disco Party
SAT	Included Full Day Excursion: Canobie Lake Park		Gym Night Games / Arts and Crafts
SUN	Departure		